New Patient Information

Name (Last)	(First)	(]	M.I.)	
Address	City	State	Zip	
Marital Status	_ Sex: M F Employer			
Birth Date	Age Social Secur	ity Number		
Home Phone ()	Work ()	Cell ()		
Emergency Contact	Re	lationship to Patient		
Emergency Contact Phone ()			
Spouse's Name (If applicable) _		Spouse's Birth Date		
Spouse's Social Security Number	er	_		
Person Respo	nsible for Payment (comple	te only if different from patier	<u>nt)</u>	
Name	Relationship	Employer		
Social Security Number	(Oft	en necessary for billing)		
Home Phone ()	Work Phone (_)	_	
<u>Insurance Information</u>				
Name of Primary Insurance				
Contract #	Group #	Effective Date		
Req	uest for Confidential Handlin	g of Health Information		
Complete only if you want communications regarding your health care information sent to an alternate address or telephone other than listed above. I requst that my provider handle my confidential health information as described below. All reasonable requests to receive communication of your health information by alternative means and/or locations will be granted. Please describe the alternative means below (e.g. US mail, telephone call, etc.) by which you prefer to receive your health information. Alternate Address				
Alternate Telephone	Alterna	ite Telephone		
If your insurance company OR head obtain this referral or YOU will be authorize medical treatment to be remote paid in full within 90 days*, the and hereby waives all rights of exerclease of my medical records to myour insurance carrier, the balance providers in the offices at 2018 Brown of the surface of	personally responsible for the beendered by the provider and asset undersigned agrees to pay all comption under the constitution are physicians and insurance carriefers only to the amount that yookwood Medical Center Drive,	PR referral for your visit, it is your sill. I, the undersigned (patient or lume financial responsibility. In the costs of collection including reasoned laws of the State of Alabama. I thers. If the provider has a contraction are required to pay. I understan	egal guardian), e event the account is table attorney fees, also authorize the ual arrangement with ad that all of the o are independent	
received the Alabama Notice Form agree to its terms and serves as an	: Notice of Policies and Practice	es to Protect the Privacy of your He	ealth Information and	
received the Alabama Notice Form	n: Notice of Policies and Practice acknowledgement that you have	es to Protect the Privacy of your He	ealth Information and	

<u>Authorization to Obtain and Release Records:</u>

Social Sec. #:				
		ates:		
I hereby authorize the above	e providers to obtain and re	elease my protect	ted medical infor	rmation, demographic
information and insurance i	nformation. I have the righ	ht to restrict acce	ss to certain type	es of information, as
indicated below:				
List any restrictions on this rel	ease of information			
Name	Phone	Fax		
Address				
	City		1	
Name				
Address	City	State	Zip	
Name	•		1	
Address				
	City	State	Zip	
Name	Phone	Fax		
Address		Chaha	7:	<u></u>
Name	City		-	
				
Address	City	State	Zip	
Records to be Obtained: Please send cop	pies of all EEG, MRI, CT, History and I	Physical, blood tests, med	lication lists and progres	s notes.
Release: This form when completed and sperson(s) you designate. I hereby authorito release any and all contents of my char prescriptions, medical information, docun and/or obtained from the above individua release my information between each other about me to others. This authorization shany time by sending such written notificar reliance on the authorization or if this authoristand that my provider generally may of creating health information for a third providers and their respective medication of confidential and/or privileged information for the confidential and/or privileged information for a first providers and their respective medications.	ze Dr. Stuart Tieszen, Dr. Joel Melvin, It (including at least billing information, nents provided by patient, insurance/thinks and my referral source. Providers and er. I am requesting my provider release all remain in effect for 7 years from the tion to my office address. However, you norization was obtained as a condition of y not condition mental health services upoarty. I understand that information formation and no longer protected but staff and office from any and all I	Margaret Smith LCSW, I psychotherapy/progress and party forms/reports, red staff residing in 2018 B this information to aid in date signed. However, your revocation will not be off obtaining insurance component my signing an authoused or disclosed purely the HIPAA Privacy	or. Elena Herndon and hotes, test results/data, records received by others, rookwood Med Center E treatment and/or assession have the right to revoeffective to the extent the rerage and the insurer harization unless the service suant to the authorizat Rule. I hereby releas	is/her administrative and clinical stafeports, visit information,). This information may be released to the PoB 310-311 may also obtain and ment and/or provide information obe this authorization, in writing, at at I have previously taken action in its a legal right to contest a claim. I tees are provided to me for the purposition may be subject to rete the above treatment/assessmen

Contract for Controlled Substance Prescriptions

Controlled substance medications, i.e. opioids (pain pills), tranquilizers (nerve and sleeping pills) and barbiturates are very useful, but have a high potential for misuse and are therefore closely controlled by local, state and federal governments. They are intended to relieve pain, to improve function and/or ability to work, not simply to feel good. Because the doctor is prescribing such medication to help manage my condition, I agree to the following conditions:

- 1. I am responsible for my controlled substance medications. If the prescription of medication is lost, misplaced, stolen, or if I use it up sooner than prescribed, I understand that it will not be replaced.
- 2. I will not request or accept controlled substances from any other physician or individual while I am receiving such medication from my physician while under his or her care. Besides being illegal to do so, it may endanger my health. The only exception is when it is prescribed while I am admitted to a hospital.
- 3. Refills of controlled substance medication:
 - a. Will be made only during regular office hours when the chart is available, Monday through Friday, 9:00AM to 4:00PM. Refills will not be made at night, on holidays or weekends!
 - b. Will not be made if I "run out early" or "lose a prescription" or "spill or misplace my medication." I am responsible for taking the medication in the dose prescribed, for keeping track of the amount remaining, and for securing the prescription and medication from loss or theft.
 - c. Will not be made as an "Emergency" such as on a Friday afternoon because I suddenly realize I will "run out tomorrow." I will call at least 24 hours ahead if I need assistance with a controlled substance medication prescription.
- 4. It may be deemed necessary by my doctor for me to see a medication use specialist at any time while I am receiving controlled substances. I understand that if I do not keep this appointment that my medications may not be continued or refilled beyond a tapering dose to completion. I understand that if this specialist feels I am at risk for psychological dependence (addiction) that my medications will no longer be refilled.
- 5. I understand that driving a motor vehicle or operating machinery may not be allowed at times while taking controlled substances and that it is my responsibility to comply with the laws of this state and any rules at work while taking the medication prescribed.
- 6. I understand that if I violate any of the above conditions my controlled substance prescriptions and/or treatment may be ended immediately. If the violation involves obtaining controlled substances from another physician, as described above, or the concomitant use of non-prescribed illicit (illegal) drugs, I may also be reported to my other physician, medical facilities, pharmacies and other appropriate authorities.
- 7. I understand that the main treatment goal is to improve my ability to function and/or work and/or reduce pain. In consideration of that goal and the fact that I am given potent medication to help me reach that goal, I agree to help myself by following better health habits: exercise, weight control, and avoiding the use of tobacco and alcohol. I understand that only through following a healthier lifestyle can I hope to have the most successful outcome of my treatment.
- 8. I understand that I must also comply with the treatment plan as prescribed by my doctor. Failure to fill other prescriptions or to take other medications or follow-up with other treatments (office visits) as prescribed by my doctor shall be grounds for dismissal from care and termination of prescription refills.
- 9. I understand that the long term advantages of chronic opioid use have yet to be scientifically determined and that treatment may change throughout my time as a patient. I understand, accept and agree that treatment may change throughout my time as a patient. I understand, accept and agree that there may be unknown risks associated with long-term use of controlled substances and that my physician will advise me as knowledge and training advances and will make appropriate treatment changes.

herndontieszen.doc Updated 6/29/06

I have been fully informed by the doctor and his staff regarding psychological dependence (addiction) of a controlled substance, which I understand, is rare. I know that some persons may develop a tolerance, which is the need to increase the dose of the medication to achieve the desired effect, and I do know that I will become physically dependent on the medication. This will occur if I am on the medication for several weeks, and when I stop the medication, I must do so slowly and under medical supervision or I may have withdrawal symptoms.

I have read this contract and the same has been explained to me by the doctor and his staff. In addition, I fully understand the consequences of violating this contract.

Patient Signature	Date		
-			
Witness Signature	Date		

Policy for Canceling and Rescheduling Appointments

It is the policy at this office to charge a fee of \$50.00 for any appointment that is missed or broken without at least one business day notice. The payment is due prior to rescheduling your next appointment.

We make every effort to remind you of scheduled appointments. When an appointment is scheduled in our office, we provide you with the doctor's business card with the appointment time and date indicated. We also attempt to make courtesy reminder calls one business day before your appointment. Please be advised, however, that it is ultimately your responsibility to keep track of your appointments.

We appreciate your understand staff if you have any questions.	ling of this policy. Please feel free to speak to our office
I have read the above policy an appointments.	l agree to abide by the terms indicated when scheduling
Patient Signature:	Date:

This notice describes how psychological, psychiatric, and medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

I. Uses and Disclosures for Treatment, Payment and Health Care Operations

I may use or disclose your protected health information (PHI), for treatment, payment and health care operations purposes with your consent. To help clarify these terms, here are some definitions.

- "PHI" refers to information in your health record that could identify you.
- "Treatment, Payment and Health Care Operations"
 - o *Treatment* is when I provide, coordinate or manage your health care and other services related to your health care. An example of treatment would be when I consult with another health care provider, such as your family physician or another health care provider.
 - o *Payment* is when I obtain reimbursement for your healthcare. Examples of payment are when I disclose your PHI to your health insurer to obtain reimbursement for your health care or to determine eligibility or coverage.
 - Health Care Operations are activities that relate to the performance and operation of my practice. Examples of health care
 operations are quality assessment and improvement activities, business-related matters such as audits and administrative
 services, and case management and care coordination.
- "Use" applies only to activities within my [office, clinic, practice group, etc.] such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.
- "Disclosure" applies to activities outside my [office, clinic, practice group, etc.], such as releasing, transferring, or providing access to information about you to other parties.

II. Uses and Disclosures Requiring Authorization

I may use or disclose PHI for purposes outside of treatment, payment, or health care operations when your appropriate authorization is obtained. An "authorization" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when I am asked for information for purposes outside of treatment, payment or health care operations, I will obtain an authorization from you before releasing the information. I will also need to obtain an authorization before releasing your Psychotherapy Notes" are notes I have made about our conversation during a private, group, joint, or family counseling session, which I have kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI.

You may revoke all such authorizations (of PHI or Psychotherapy Notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) I have previously relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, law provides the insurer the right to contest the claim under the policy.

III. Uses and Disclosures with Neither Consent nor Authorization

I may use or disclose PHI without your consent or authorization in the following circumstances:

- Child Abuse If I am treating a child and I know or suspect that child to be a victim of child abuse or neglect, I am required to report the abuse or neglect to a duly constituted authority.
- Adult and Domestic Abuse If I have reasonable cause to believe an adult, who is unable to take care of himself or herself, has been subjected to physical abuse, neglect, exploitation, sexual abuse, or emotional abuse, I must report this belief to the appropriate authorities.
- *Health Oversight Activities* If my professional state board of examiners is conducting an inquiry into my practice, then I am required to disclose PHI upon receipt of a subpoena from the Board.
- Judicial and Administrative Proceedings If you are involved in a court proceeding and a request is made for information about your diagnosis and treatment and the records thereof, such information may be privileged under state law, and I will not release information without the written authorization of you or your legally appointed representative or a court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.
- Serious Threat to Health or Safety I may disclose PHI to the appropriate individuals if I believe in good faith that the disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of you or another identifiable person(s)
- Health research
- Marketing or fundraising
- Worker's Compensation I may disclose PHI as authorized by and to the extent necessary to comply with laws relating to worker's compensation or other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

IV. Patient's Rights and Mental Health Professional's Duties

Patient's Rights:

- Right to Request Restrictions You have the right to request restrictions on certain uses and disclosures of PHI. However, I am not required to agree to a restriction you request.
- Right to Receive Confidential Communications by Alternative Means and at Alternative Locations You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeing me. On you request, I will send your bills to another address).
- Right to Inspect and Copy You have the right to inspect or obtain a copy (or both) of PHI in my mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. I may deny your access to PHI under certain circumstances, but in some cases you may have this decision reviewed. You may inspect and copy Psychotherapy Notes unless I make a clinical determination that access would be detrimental to your health. On your written request, I will discuss with you the details of the request and denial process.
- *Right to Amend* You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. I may deny your request. On your request, I will discuss with you the details of the amendment process.
- Right to an Accounting You generally have the right to receive an accounting of disclosures of PHI. ON your request, I will discuss with you the details of the accounting process.
- Right to a Paper Copy You have the right to obtain a paper copy of the notice from me upon request, even if you have agreed to receive the notice electronically.

Mental Health Professional's Duties:

- I am required by law to maintain the privacy of protected health information regarding you and to provide you with notice of my legal duties and privacy practices with respect to PHI.
- I reserve the right to change the privacy policies and practices described in this notice. Unless I notify you of such changes, however, I am required to abide by the terms currently in effect.

V. Complaints

If you are concerned that I have violated your privacy rights, or you disagree with a decision I made about access to your records, you may contact my office at (205) 329-7805 or (205) 329-7815.

You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services. My office can provide you with the appropriate address upon request.

VI. Effective Date, Restrictions, and Changes to Privacy

This notice will go into effect on April 14, 2003. I will limit the uses or disclosures that I will make as follows: I may elect to first provide a copy of my summary report, if available, when records are requested from an individual whom you have provided consent to access your records. I reserve the right to turn over the full record or to withhold from release any part of the record, especially raw test data (in order to protect test integrity if I feel that is an issue), but also assessment data, interpretations, notes, or reports that I feel may be harmful to the patient or misused in any way. I reserve the right to limit or deny disclosure of records to parents/guardians of patients under age 18 or of patients that I deem mentally impaired if I feel disclosure may in any way harm the patient or the person requesting disclosure. I reserve the right to provide PHI to individuals I am consulting or contacting as part of my assessment, treatment, or in assisting with carrying out recommendations I made orally or in written reports.

I reserve the right to change the terms of this notice and to make the new notice provisions effective for all PHI that I maintain. I will provide you with a revised notice by posting in my office or by telephone, e-mail, or regular mail.

When using, disclosing or requesting PHI, I make reasonable efforts to limit PHI to the minimum necessary to accomplish the intended purpose of the use, disclosure or request. I recognize that the requirement also applies to covered entities that request my patients' records and require that such entities meet the standard, as required by law.

The minimum necessary requirement does not apply to disclosures for treatment purposes or when I share information with a patient. The requirement does not apply for uses and disclosures when patient authorization is given. It does not apply for uses and disclosures as required by law or to uses and disclosures that are required for compliance with the Privacy Rule.

Your signature on the Patient Information form indicates you have received a copy of the Alabama Notice Form: Notice of Policies and Practices to Protect the Privacy of Your Health Information (NPP) and agree to its terms and services as an acknowledgement that you have been given the HIPAA Notice Form to read.